



# SOUTHERN NEVADA *Breastfeeding* COALITION

## Breastfeeding Resources for Southern Nevada

Breastfeeding is a wonderful way to support the growth of your child while nurturing a bond that will last a lifetime. The Southern Nevada Breastfeeding Coalition wants to encourage mothers to breastfeed and has many resources for women who may need some additional support or for moms going back to work or school.

### Private In-Home Consultations

Rosemarie Arroyo Casillas, IBCLC & LLL Leader  
(702) 592-7673, RA.IBCLC@GMAIL.COM

Nickie Malinak RN, IBCLC – (sliding scale fee, home visits)  
(702) 334-2070, NMALINAK@ME.COM

Lisa Weinshenker RN, IBCLC – (702) 944-7433  
[www.breastfeedinglv.com](http://www.breastfeedinglv.com) (Home visits, sliding scale fee available, insurance accepted, hospital grade pump rental)

Jollina Simpson IBCLC – (702) 524-9705

### Local/National/Web Resources

*National Breastfeeding Helpline: (800) 994-9662*

[www.snvbreastfeeding.org](http://www.snvbreastfeeding.org)

[www.nevadabreastfeeds.org](http://www.nevadabreastfeeds.org)

[www.lalecheleaguenv.org](http://www.lalecheleaguenv.org)

[www.llli.org/resources.html](http://www.llli.org/resources.html)

[www.kellymom.com](http://www.kellymom.com)

[www.drjacknewman.com](http://www.drjacknewman.com)

[www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)

[www.womenshealth.gov/breastfeeding/at-work](http://www.womenshealth.gov/breastfeeding/at-work)

[www.cdc.gov/breastfeeding](http://www.cdc.gov/breastfeeding)

[www.usbreastfeeding.org](http://www.usbreastfeeding.org)

[www.aap.org/healthtopics/breastfeeding](http://www.aap.org/healthtopics/breastfeeding)

[www.babystepstohome.com](http://www.babystepstohome.com)

### Breastfeeding Support *\*Se habla español*

\* St. Rose Barbara Greenspun Women's Care Center – IBCLCs, private consultations, baby weigh station, weekly support group, classes, pump rentals. (702) 616-4901. Warmline: (702) 616-4908.

\* La Leche League of Southern Nevada – Free group mother-to-mother support meetings and free phone or email support. For leader phone numbers and emails, plus a full list of monthly meetings around town, visit [www.lalecheleaguenv.org](http://www.lalecheleaguenv.org)

\* Nevada WIC (Women, Infants & Children) – Available for WIC eligible participants only. Breast pumps available. (800) 8-NEV-WIC. [www.nevadawic.org/for-families/closest-clinic/](http://www.nevadawic.org/for-families/closest-clinic/)

UMC Family Resource Center – Offering prenatal classes, free phone help and private consults. 901 Rancho Lane, Suite 180, Las Vegas. (702) 383-2229.

Summerlin Hospital – Offering breastfeeding support groups, free phone helpline (702) 233-7542

Belly Bliss – Offering breastfeeding classes, infant CPR classes, breast pump rentals and prenatal massage. Open Monday to Saturday. 5761 S. Fort Apache Rd, Las Vegas (702) 597-5158. [www.desertperinatalspa.com](http://www.desertperinatalspa.com)

Well Rounded Momma – Offering private consultations, weekly support groups and breastfeeding classes. 8826 S. Eastern Ave., Suite 111, Las Vegas (702) 478-5080. [wellroundedmomma.com](http://wellroundedmomma.com)

Angel Breast Pumps – Offering breast pump rentals and discounted sales. Delivery available. Open 7 days/week. (702) 862-6435. [www.angelpumps.net](http://www.angelpumps.net)